

Transition Checklist

Get ready for Race Day! Start preparing now to ensure you have all the equipment and personal items needed for set up in the Transition area of the race. Here is a checklist of the key items:

- **Bike**
- **Bike helmet**
- **Closed-toe running shoes**
- **Shirt with bib number attached to the front**
- **Shorts**
- **Small towel for drying off**
- **Water bottle**